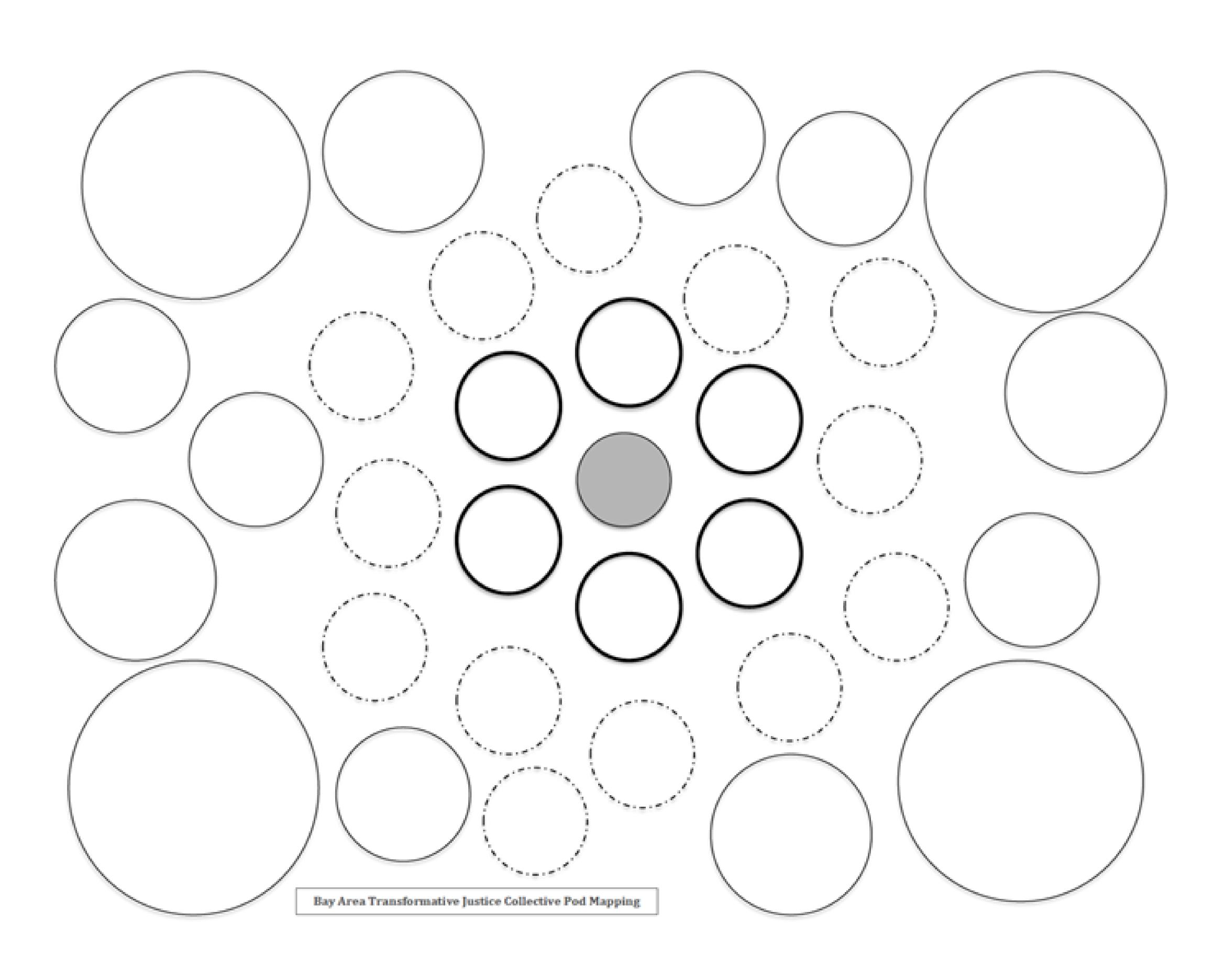
Community Mapping

(aka Pod Mapping)



- 1. Write your name in the middle gray circle.
- 2. The surrounding bold outlines are the people in your "pod". Write the names of those you go to for support and for accountability and vice versa (because relationships are a two-way street).
- 3. The dotted outlined circles are "potential pod" members. These are relationships that need a little extra attention and/or care.
- 4. The light lined circles are for networks, communities, or groups that could be resources for support, accountability or even a place to find "potential pod" members.

You can have multiple pods and even pods that overlap. Pods may even shift over time as things change. You can even pause a whole pod or ask a member of your pod for a pause.