

The ABC(DEF)s of Activism



Activate

Do something even if it's something small at first & encourage others to join you.

Build Resilience

Support mutual aid, & coalition & community building.

Co-Create

Power share & build collaboratively.

Divest & Invest

Divest from the 1% corporate interests & the donor class.
Invest in local economies.



Educate

Through active listening, modeling, & bite-sized, relatable lessons and storytelling.

Find your "helpers"

Pods are there to support & hold you accountable.
Learn what a pod is here:



SCAN ME